

The Got It! Program



What is the *Got It!* Program?

Getting On Track In Time (Got It!) is an early intervention program being introduced to public primary schools across NSW. It focusses on equipping teachers and parents with skills to support children's social and emotional development. The *Got It!* team works together with education staff, children, and parents to intervene early and help children to develop in a happy and successful way.

In 2021 we will be delivering our program at Asquith Public School.

The *Got It!* team will be working with Asquith Public School to deliver the two components of the *Got It!* program during 2021. There will be a *Whole-of-School* component and a *Targeted Early Intervention* component.

Whole-of-School Program - Professional development is offered to all K-6 teachers focussing on supporting students behavioural, emotional and social development. This same information is offered to all interested K-6 parents through parent seminars held at school in term 2 and information that will be provided in school newsletters throughout Term 1 and 2.

Early Intervention Program – Towards the end of term 1, a questionnaire will be sent home with children in K-2 to help identify students who may benefit from some additional early support. Children selected may be invited to attend a small-group program with an adult family member during Term 3, or the family may be linked with other community based resources and supports if appropriate.

The *Got it!* program is delivered by a multidisciplinary team of experienced clinicians from NSW Health. Meet the team over the page.

The *Got It!* team can be reached on (02) 9887 5886 or at

NSLHD-MACQ-GOTIT@health.nsw.gov.au



Health
Northern Sydney
Local Health District

Who Are The Got It Team?



Emma McKeown

I'm Emma and I am a Social Worker. I joined the *Got It!* team as Clinical Lead in 2016. Previously I have worked in Community Health, Child & Youth Mental Health Services and the not-for-profit sector. I feel privileged to assist children with their emotional wellbeing and support parents in the challenging role of parenthood. This is such a dream job!

Fun fact: I love reading and baking.

I'm Sonia and I am a Social Worker and I also have a Primary teaching degree from many moons ago. I have worked with children and young people in many different capacities across health and education including as a School Counsellor. I am passionate about working with families within a strengths-based framework and helping parents and children to connect and grow socially & emotionally together.

Fun fact: music is my passion. I can't sing or play an instrument but I love to dance whilst I am cooking!



Sonia Betteridge



Liz de Jong

I'm Liz and I am a Social Worker. I have worked with the *Got It!* team since 2017. I previously worked with children and families in the not-for-profit sector. I feel very fortunate to deliver the *Got It!* Program since it focuses on parents and teachers having a common language for supporting children's emotional development.

Fun fact: I love a good coffee!

I'm Donna and I am a Psychologist. I joined the *Got It!* Team in July 2017. I have worked with children and families in home-based settings, university clinics, primary and high schools, and private practice. I value being a part of the *Got It!* initiative and appreciate the opportunity to provide early support in social and emotional wellbeing.

Fun fact: People tell me I have a contagious laugh!



Donna Fenech



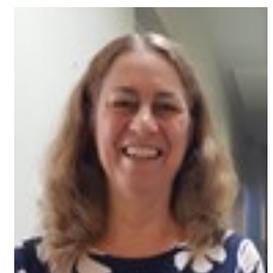
Kate Quick

My name is Kate and I have been working as an Occupational Therapist with children and families for 10 years. In that time I have worked across the not-for-profit and public health sectors and have been with the *Got It!* team since 2017. I enjoy that my work allows me to be playful and creative and I'm grateful to be able to work alongside families and schools.

Fun Fact: I love travel and theatre.

My name is Viv, my background is Psychology and I am the Parent and Teacher Educator on the *Got It!* team. I have been with the team since their beginning in late 2016. I also work part-time as the School-Link Coordinator and previously worked for over 20 years in Parent education. I love working with such a passionate team and value the expertise, professionalism and fun!

Fun fact: I love dancing and theatre, and once performed onstage with Hugh Jackman!



Vivienne Hughes